

# The MIX

For 10-14 year olds on the Autism spectrum & their siblings



Proudly funded by:

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## We need you . . .

### This is all about you ....

Okay, so maybe a few others too!

Do you love Minecraft or maybe Dinosaurs, Fossils and Crystals or Lego?

What is it you want to throw into the mix?

We can't wait to have you show us your favourite things!

Each week our Mix Masters will take turns in throwing their thoughts, ideas, likes, dislikes and everything in between into the mix.

Touch it, read it, learn it, smell it, feel it, enjoy it!

This group is for you RUN BY you.

Our Marvelous Teen Mentors will join for their favourite sessions, teaching us all a thing or two.

To be held at:  
**Wardli Youth Centre**  
**13 McKinna Road**  
**Christie Downs**

## Don't MIX out !!!

Autism; it can be a confusing place to be when you are trying to fit in.

Come along to our MIX of parents, carers, mentors, kids, siblings and volunteers.

*Where we believe being different IS normal.*

Over 5 sessions we will share our areas of interest, take on the new and explore the old. Encouraging kids aged 10-14 to share what matters to them and why, with their peers, parents and autism specific mentors aged 15+. In between we will run some fabulous 'Mixtension' activities out and about in the community.

Come along and learn things from a different point of view whilst having fun and making some friends.

Care givers are required for some participation and to be onsite whilst sessions are running.

We welcome you to relax and chat with us over a cuppa. What a great opportunity for you to get to know some other parents/carers/relatives. The Mix is all about seeing things from a different angle, no matter if you are young or young at heart when we open ourselves up to the possibility of seeing things differently the world gets more interesting.

We encourage you to apply if you are on the autism spectrum, or have a family member who is; you are aged between 10-14 years old and are interested in sharing what makes you interesting.

Session content will be decided by the Mix Masters. Please be sure to come along for all of our sessions – you never know what might happen!

**To apply to participate in this term's Mix program email**

[meg@asperlutelyautsome.org](mailto:meg@asperlutelyautsome.org)

**or phone 0422 407 855**

## Session details

### Term 1 2020

**Thursdays** fortnightly  
**5.00pm—6.30pm** on the following dates:

- **6<sup>th</sup> February**
- **20<sup>th</sup> February**
- **5<sup>th</sup> March**
- **19<sup>th</sup> March**
- **2<sup>nd</sup> April**

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Supporting families on their  
Autism Spectrum  
journey . . .